

Comparison Chart for LiteGait & GlideTrak

Body Unweighted Training can be utilized by everyone from elite athletes to patients post-stroke and anyone in between. Many patients and exercisers have been able to regain the ability to walk and run again and enjoy great workouts and improvements. Gait practice at speeds faster than the limitations of pathologies or even athletic ability has proven to have a very high degree of functional carry-over. That is what patients want and what doctors order.



	LiteGait	GlideTrak
Can be used with virtually any treadmill	✓	✓
Provides "partial" Body Unweighting of more than 40% to full Body Unweighting		✓
Easy and efficient treatment set-up		✓
Can be used after surgery on knees, ankles & hips with restrictions from touch down to partial weight bearing only		✓
Can be used while recovering from fractures of the lower limb with restrictions from touch down to partial weight bearing		✓
Gait training for patients with various neurological conditions such as stroke, brain injury, Parkinson's, M.S., incomplete spinal cord injury, etc...	✓	✓
Provides sufficient Body Unweighting for most patients with knee, hip, ankle, back or arthritic pain to experience comfortable, sustained aerobic exercise		✓

Allows sufficient Body Unweighting needed to consistently increase gait speed for improving neuroplasticity and neurological recovery, especially post-stroke		✓
Promotes normalized trunk and upper body movements during gait training		✓
Comfortable Body Unweighting without the usual pressure to the groin and axillary regions		✓
Full chest and rib expansion during breathing		✓
Able to use on patients with fractured or sensitive ribs		✓
Full core, balance and postural muscle challenges while stabilized and secure without reducing amount of unweighting		✓
Allows wheelchair bound patients an upright standing and walking experience, even those who have not walked for weeks or months	✓	✓
Assists the most challenging, nonambulatory, deconditioned or less alert patients into standing or walking	✓	
Easily portable for storage and transport		✓
Allows comfortable ambulation on one leg for extended periods of time (Examples: favoring an injured leg or amputees walking without a functioning prosthetic leg)		✓
Great for runners and athletes for performance enhancement: Over speed training, stride lengthening and recovery day workouts		✓
Can be used by runners, athletes with enough Body Unweighting for significantly reduced direct and cumulative impact		✓

Comfortable for all levels of users seeking partial or greater Body Unweighting for long duration aerobic and interval workouts



Can be used by overweight individuals having difficulty walking or exercising

